



COLOR ANALYSIS

How to Drape Yourself at Home

Use the Truth is Beauty Home Draping Cards to figure out which of the [12 color palettes](#) is your perfect color season!

Get ready

If your hair is colored, start by pulling your hair back completely from your face and covering it, ideally with a grey towel or scarf. (Any color next to your face will influence the effect of the color cards on your skin.) If your hair is completely its natural color, pull it back from your face with pins or ties.

Remove any makeup you're wearing, including foundation. If you try to self-drape with makeup on, you'll only find the season that best matches your makeup -not the season that best flatters your true skin tone.

Next, find some natural light. Indirect sunlight, such as the light you get outdoors in partial shade, or the light coming through a sunny window, is great light. Just make sure, if you're by a window, that it's not tinted.

Drape yourself

Holding a season's card under your chin, look at yourself in a mirror or photograph yourself.

- If you're taking photos of yourself, take one of yourself with each different card. Smile in the photo, and keep your expression the same from photo to photo. (Your goal is to produce photos that are identical except for the changing card.) Then look at the photos, flipping between them somewhat quickly. Keep your eyes on the center of your face and notice how the color of your face changes as the card changes.



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- If you're using a mirror, take turns holding different season's cards below your chin. Smile your most natural smile while you do this. As you switch between seasons, keep your eyes on the center of your face and notice how the color there changes as you go from season to season.

What to look for

The right colors will make your skin tone look **even** and **healthy**.

You may seem to have **a hint of healthy color** in your cheeks and lips.

You may see **discoloration, lines, blemishes, and shadows subtly reduced**.

The wrong colors can have a variety of unpleasant effects on your skin.

Some common effects:

- Uniformly ashen or greyed skin. This might mean the colors are **too cool**.
- Uniformly pale skin. This might mean the colors are **too dark, too saturated, or too cool**.
- Uniformly yellowish or orangeish skin, or skin that looks muddy or dirty. This might mean the colors are **too warm**.
- Features that seem less defined or less sharp. This might mean the colors are **too soft or too saturated**.
- Blotchiness or redness in the skin. This might mean the colors are **too soft or too light**.

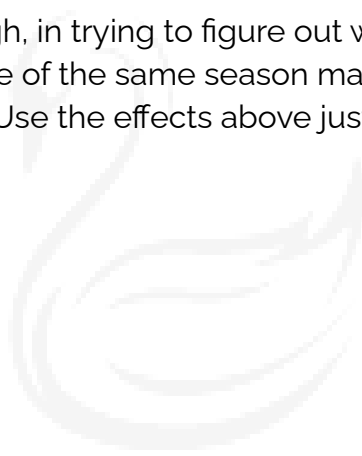


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- Shadows in the skin or an overall dullness. This might mean the colors are **too light, too dark, or too soft.**
- **In any wrong season**, your skin can appear more shadowed, more lined, and more discolored.

Don't get too caught up, though, in trying to figure out why a season doesn't work. Everyone is different, so people of the same season may see different unpleasant effects with the wrong colors. Use the effects above just as a guideline.



TRUTH is BEAUTY